

Two-Day Workshop

Understanding « The Big Picture »

with Ghislaine Saint-Pierre Lanctôt

(This schedule can vary according to the needs of participants)

FIRST DAY

- 9am to 12am Presentation of *The Big Picture* of the evolution of human consciousness.
A roadmap showing me at all times where I come from, where I am now, and where I am going.
The destination is the transformation of consciousness.
Description of all 4 animals, their differences and similarities.
Recognition and identification of the internal sheep.
Human animality: bio-computer with WSAD disk.
Explanations of each segment of *The Big Picture*.
- 2pm to 4pm Presentation of Alisa, the sovereign mare.
Explanation of **auto-riety**, which sets apart the sheep and the mare.
Comprehension of applied sovereignty in politics, religion and law.
Peace comes when authority and obedience become one...
(when I start obeying my own conscience).
Alisa's life is action-based: YES to the 3 Cs and NO to the other 3 Cs.
- 4pm to 6pm Alisa lives in the love-of-self, without expecting love from others.
Examples from family, roles, work.
Alisa listens to her conscience: priority of the Feminine Principle.
Alisa decides to live at all cost and asks 2 questions.
Alisa faces each of her fears, using the TLA recipe.
Alisa progressively installs her new disk: PLRL.
- 8pm to 10pm Heart-to-heart on the theme: *What is stopping me from living?*

SECOND DAY

- 9am to 12am Sharing what is alive in me now: *My name is... I feel...*
Relating everything to *The Big Picture*.
- 2pm to 4pm Elaboration of one of the 10 themes, according to the needs of the group.
- 4pm to 6pm How to go further? Books, CDs, videos, DVDs, ...
Divinity courses and seminars on specific themes.
Weekly local gatherings during one semester. -
Teaching.

The main support tool is *The Big Picture* from the book [What the Hell I am Doing Here Anyway?](#)